

OCTOBER BROOKFIELD SENIOR CENTER 258-2577

\$5.00 Suggested contribution for meals for 60 years & over \$7.00 Cost for meals 59 years & under This institution is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	9-28-26	9-29-26	9-30-26	1	2	3
PRODUCT OF THE MONTH DONATION CANDY PRODUCT OF THE MONTH WINNER KENNY BAILEY	Chicken Nuggets Hot Roll Mac N Cheese Broccoli & Tom Wedge Pears 2% LF Milk	Hot Loin on Bread Mashed Taters Peas N Carrots Fruit Cocktail Cake 2% LF Milk	Chicken Livers Hot Roll Buttered Taters Green Beans Jello Applesauce 2% LF Milk	Beef Stroganoff Hot Roll Mixed Veg Beets Peaches 2% LF Milk	Rib Patty On Bun Tater Wedge Corn Pineapple 2% LF Milk	
Week 2	4	5	6	7	8	10
ATTENTION: Please store your meal in the fridge, if not eaten immediately	Raviolis Garlic Sticks Lett Salad Tom n Cukes Man Oranges 2% LF Milk	Chicken Strips Hot Roll Scalloped Corn Spinach Mixed Fruit 2% LF Milk	Meatloaf Hot Roll Taters N Gr Beans 0 Fruit Jello 2% LF Milk	Ham N Scalloped Taters Hot Roll Winter Mix 0 Apricots 2% LF Milk	BBQ Pork On Bun Pasta Salad w Veggies Peas Pears 2% LF Milk	Senior Commodity Boxes 9-11:30 
Week 3	11	12	13	14	15	17
Menus are subject to change without notice. 2% Low Fat Milk is provided with each daily meal	0 0 0 0 CENTER CLOSED	Scrambled Eggs Buscuit/Saus Gravy Hashbrowns Tom Wedge Bananas 2% LF Milk	Chicken N Noodles Hot Roll Mashed Taters Carrots Peaches 2% LF Milk	Beef Veg Soup Crackers W/Taters W/Mixed Veg Applesauce 2% LF Milk	Chili Cheese Dog On Bun Tater Tots 0 Baked Apples 2% LF Milk	Boxes can also be Picked up Oct 12-16
Week 4	18	19	20	21	22	24
Lunches provide 1/3 of the daily recommended dietary allowance for healthy adults 60+	Swiss Steak Hot Roll Buttered Taters Gr Beans Fruit Fluff 2% LF Milk	Spaghetti N Meatballs Garlic Sticks Lett Salad Tom & Cukes Man Oranges 2% LF Milk	Ham N Beans Cornbread Coleslaw Beets Jello Applesauce 2% LF Milk	Chicken Pot Pie Biscuit W/Mixed Veg W/ Taters Fruit Crisp 2% LF Milk	Hamburger W/lett & Tom On Bun Pea Salad Pork n Beans Pears 2% LF Milk	Birthday Luncheon WINNER for the month TRACY MCKENNEY
Week 5	25	26	27	30	10/01/26	10/02/26
Meals are delivered Monday thru Friday from 10:30 to Noon except holidays Menus are planned with health in mind	Smoked Sausage Hot Roll Taters Cabbage Peaches 2% LF Milk	Chicken Fried Chicken Hot Roll Mashed Taters Lima Beans Pineapple 2% LF Milk	Taco Soup Chips Corn Beans & Tomatoes Man Oranges 2% LF Milk	Chicken Livers Hot Roll Cheesy Taters Brussel Sprouts Tropical Fruit 2% LF Milk	Meatball Sub On Bun Pasta Salad W/ Veggies It Veggies Mixed Fruit 2% LF Milk	