

SEPTEMBER 2026 MENU BROOKFIELD SENIOR CENTER 258-2577

\$3.00 Suggested contribution for meals for 60 years & over \$6.50 Cost for meals 59 years & under This institution is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	08/31/26	1	2	3	4	5
PRODUCT OF THE MONTH DONATION WHITE SPLENDA PRODUCT OF THE MONTH WINNER PHYLLIS SMITH	Chicken Strips Waffles Buttered Taters Calif Blend Mixed Fruit 2% LF Milk	Meatloaf Hot Roll Green Beans & Taters Peaches 2% LF Milk	Chicken N Noodles Hot Roll Mashed Taters Carrots Jello Applesauce 2%LF Milk	Ham N Beans Cornbread Coleslaw Beets Apricots 2%LF Milk	BBQ Pork On Bread Tater Wedge Tom Wedge Fruit Pudding 2% LF Milk	Senior Commodity Boxes 9-11:30 
Week 2	6	7	8	9	10	11
ATTENTION: Please store your meal in the fridge, if not eaten immediately	0 0 0 0 0 CENTER CLOSED	Beef N Bean Burrito On Flour Tortilla Lett N Tom Flame Roasted Corn Man Oranges 2% LF Milk	Salisbury Steak Hot Roll Baked Tater Lima Beans Pineapple 2% LF Milk	Hot turkey Sand On Bread Mashed Taters Brussell Sprouts Baked Apples 2% LF Milk	Tuna N Noodles Hot Roll Celery N Carrot Sticks Peas Pears 2% LF Milk	Boxes can also be Picked up Sept 7-11 NEED TO CALL FIRST
Week 3	13	14	15	16	17	18
Menus are subject to change without notice. 2% Low Fat Milk is provided with each daily meal	Ham Hot Roll Yams Gr Beans Peaches 2% LF Milk	Stuffed Peppers Hot Roll Cheesy Taters 0 Fruit Jello 2% LF Milk	Chicken N Wild Rice Hot Roll Broccoli Carrots Fruit Fluff 2% LF Milk	Eggs Biscuit W/Saus Gravy Hashbrowns Tom Wedge Bananas 2% LF Milk	Frito Pie Corn Chips Bean N Tom Tater Tots Applesauce 2% LF Milk	
Week 4	20	21	22	23	24	25
Lunches provide 1/3 of the daily recommended dietary allowance for healthy adults 60+	Taco Salad Chips Lett & Tom Hominy Pineapple 2% LF Milk	Chicken Fried Chicken Hot Roll Mashed Taters Winter Mix Fruit Crisp 2% LF Milk	Smothered Chops Hot Roll Baked Tater Spinach Snow Grapes 2% LF Milk	Beef Veg Soup Crackers Mixed Veg Taters Apricots 2% LF Milk	Fish Sticks Cornbread Coleslaw Baked Beans Peaches 2% LF Milk	Birthday Luncheon WINNER for the month TRISH THOMPSON
Week 5	27	28	29	30	10/01/26	10/02/26
Meals are delivered Monday thru Friday from 10:30 to Noon except holidays Menus are planned with health in mind	Chicken Nuggets Hot Roll Mac N Cheese Broccoli & Tom Wedge Pears 2% LF Milk	Hot Loin On Bread Mashed Taters Peas & Carrots Fruit Cocktail Cake 2% LF Milk	Chicken Livers Hot Roll Buttered Taters Gr Beans Jello Applesauce 2% LF Milk	0 0 SEE OCT MENU 0 0 0	0 0 SEE OCT MENU 0 0 0	