

JULY 2026 Menu Brookfield Senior Center 660-258-2577

\$3.00 Suggested contribution for meals for 60 years & over \$6.50 Cost for meals 59 years & under This institution is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	June 29	 June 30	1	2	3	4
PRODUCT OF THE MONTH DONATION CANDY PRODUCT OF THE MONTH WINNER VONNIE MOORE	Meatball Sub on Bun Pasta Salad It Veg Cookie 2% LF Milk	Ham & Beans Cornbread Cottage Cheese Salad Beets Pineapple 2% LF Milk	Chicken N Noodles Hot Roll Mashed Taters Carrots Peaches 2%LF Milk	Taco Soup Chips Corn, Tom, Beans Tropical Fruit 0 2%LF Milk	Grilled hamb&Hot Dog on Bun Tater Salad Pork & Beans Dessert 2% LF Milk	HAPPY 4TH OF JULY
Week 2	5	 6	7	8	9	10
ATTENTION: Please store your meal in the fridge, if not eaten immediately	IN CELEBRATION OF THE 4TH CENTER CLOSED	Sausage & Taters Hot Roll Cabbage Man Oranges 0 2% LF Milk	Hot Beef Sand Hot Roll Mashed Taters Gr Beans Fruit Crisp 2% LF Milk	Chicken Livers Hot Roll Cheesy Taters Lima Beans Jello Applesauce 2% LF Milk	Rib Patty on Bun French Fries Pea Salad Fruit Jello 2% LF Milk	Senior Commodity Boxes 9-1130am 
Week 3	12	13	 14	15	16	17
Menus are subject to change without notice. 2% Low Fat Milk is provided with each daily meal	Biscuit & Gravy Eggs Hashbrowns Tom Wedge Fresh Fruit 2% LF Milk	Meatloaf Hot Roll Gr Beans & Taters Pineapple 0 2% LF Milk	Ham & Beans Cornbread Cole Slaw Beets Peaches 2% LF Milk	Salisbury Steak Hot Roll Buttered Taters Peas & Carrots Apricots 2% LF Milk	Beef&Bean Burrito on Tortillia Let & Tom Fire Rstd Corn Man Oranges 2% LF Milk	Boxes can also be Picked up July 13-17 NEED TO CALL FIRST
Week 4	19	20	21	22	23	24
Lunches provide 1/3 of the daily recommended dietary allowance for healthy adults 60+	Spaghetti & Meatballs Garlic Stick Lett Salad W/Cuke Tom Mixed Fruit 2% LF Milk	Smothered Pork Chop Hot Roll Baked Tater Brussell Sprouts Pears 2% LF Milk	Chicken Fried Chicken Hot Roll Mashed Taters Carrots Fruit Cobbler 2% LF Milk	Beef Stroganoff Hot Roll Peas 3 Bean Salad Applesauce 2% LF Milk	Frito Chilli Pie W/Beans & Tom Tater Tots Peaches Cookie 2% LF Milk	Birthday Luncheon WINNER for the month KIRK BILLINGSLEY
Week 5	 26	27	28	29	30	31
Meals are delivered Monday thru Friday from 10:30 to Noon except holidays Menus are planned with health in mind	Ham Hot Roll Yams Carrots Baked Apples 2% LF Milk	Country Fried Steak Hot Roll Mashed Taters Broccoli Apricots 2% LF Milk	Turkey Hot Roll Mashed Taters Gr Beans Peaches 2% LF Milk	Tenderloin on Bun Lett Tom Pickle French Fries Baked Beans Tropical Fruit 2% LF Milk	Chef Chicken Salad Crackers Cuke Tom Pepper Egg Cheese Straw Short Cake 2% LF Milk	Aug 1, 2026