


June 2024 Menu Brookfield Senior Center 660-258-2577

\$3.00 Suggested contribution for meals for 60 years & over

\$6.75 Cost for meals 59 years & under

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						01
Meals are delivered Monday thru Friday, from 10:30 – 12:00, except on holidays	2% Low Fat Milk is provided with each daily meal		AS A REMINDER: IF YOU ARE NOT HOME 3 TIMES IN A 2 WEEK PERIOD AND HAVE NOT CONTACTED US TO LET US KNOW	YOU WILL BE REMOVED FROM THE HOME DELIVERED MEAL PROGRAM		
02	03	04	05	06	07	08
ATTENTION: Please store your meal in the refrigerator, if not eaten immediately	Spaghetti & Meatballs Lettuce Salad Garlic Bread Mixed Fruit	Turkey & Dressing Green Beans Whole Wheat Roll Pineapple	Beef Stroganoff Peas & Carrots Whole Wheat Roll Peaches	Ham & Scalloped Potatoes Mixed Veggies Whole Wheat Roll Fruit Jell-O	Chef Salad Crackers Strawberry Shortcake	Senior Commodity Boxes 9-11:30am 
09	10	11	12	13	14	15
Menus are subject to change without notice	Pulled Pork on Bun Coleslaw Corn Fresh Fruit	Chicken Mashed Potatoes Carrots Whole Wheat Roll Pears	Swiss Steak Baked Potato Cabbage Whole Wheat Roll Fruit Fluff	Smothered Chicken Breast Wild Rice Lima Beans Whole Wheat Roll Peaches	Tater Tot Casserole Broccoli Salad Whole Wheat Roll Mandarin Oranges	Senior Commodity Boxes can also be picked up Jun 10– 14 th , from 1:00–3:00 pm NEED TO CALL FIRST
16	17	18	19	20	21	22
Lunches provide 1/3 of the daily recommended dietary allowance for healthy adults 60+. Menus are planned with your health in mind	Ravioli's Lettuce Salad Garlic Bread Jell-O Applesauce	Chicken Fried Chicken Mashed Potatoes Carrots Whole Wheat Roll Pineapple	Smothered Pork Cutlet Baked Potato Spinach Whole Wheat Roll Fruit Jell-O	Meatloaf Green Beans & Potatoes Whole Wheat Roll Pears	Hamburger on Bun Lettuce & Tomatoes Baked Beans Potato Wedges Cake	Birthday Luncheon winner for the month of April is Ron Wampler!!
23/30	24	25	26	27	28	29
	Biscuits & Gravy Eggs Hashbrowns Fresh Fruit	Mushroom Steak Baked Potato Green Beans Whole Wheat Roll Peaches	Chicken Livers Mac & Cheese Brussel Sprouts Whole Wheat Roll Fruit Cobbler	Hot Loin on Bread Mashed Potatoes Mixed Veggies Mixed Fruit	Beef & Bean Burrito Hominy Lettuce & Tomatoes Mandarin Oranges	last day of each month – Jun 28 th 