





May 2024 Menu Brookfield Senior Center 660-258-2577

\$3.00 Suggested contribution for meals for 60 years & over

\$6.75 Cost for meals 59 years & under

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			01	02	03	04
Meals are delivered Monday thru Friday, from 10:30 – 12:00, except on holidays	2% Low Fat Milk is provided with each daily meal		Stuffed Peppers Mixed Veggies Whole Wheat Roll Pineapple	Chicken Nuggets Macaroni & Cheese Winter Mix Veggies Whole Wheat Roll Fruit Dessert	Taco Salad Hominy Chips Fruit Jell-O	Senior Commodity Boxes 9-11:30am 
05	06	07	08	 09	10	11
ATTENTION: Please store your meal in the refrigerator, if not eaten immediately	Sloppy Joe on Bun Potato Wedges Coleslaw Pears	Chicken Strips Macaroni & Cheese Broccoli Whole Wheat Roll Jell-O Applesauce	Ravioli's Lettuce Salad Garlic Bread Mandarin Oranges	Smoked Sausage & Potatoes Mixed Veggies Whole Wheat Roll Fruit Cobbler	Bean & Beef Burrito Lettuce & Tomatoes Hominy Fruit Jell-O	Senior Commodity Boxes can also be picked up May 06– 10 th , from 1:00–3:00 pm NEED TO CALL FIRST
12	13	14	15	 16	17	18
Menus are subject to change without notice	Frito Pie Tater Tots Peaches	Country Fried Steak Mashed Potatoes Green Beans Whole Wheat Roll Cookie	Chicken Salad on Bun 3 Bean Salad Tomato Wedges Pineapple	Ham Sweet Potatoes Calif Blend Whole Wheat Roll Mixed Fruit	Chicken Pot Pie Biscuit Cottage Cheese Baked Apples	
19	20	 21	22	23	24	25
Lunches provide 1/3 of the daily recommended dietary allowance for healthy adults 60+. Menus are planned with your health in mind	Salisbury Steak Baked Potato Pea & Carrots Whole Wheat Roll Pears	Ham & Beans Coleslaw Beets Cornbread Bread Pudding	Chicken & Noodles Mashed Potatoes Carrots Whole Wheat Roll Apricots	Roast Beef Mashed Potatoes Green Beans Whole Wheat Roll Peaches	Fish & Chips Pea Salad Whole Wheat Roll Fruit Fluff	Birthday Luncheon winner for the month of March is Eudora Fitzpatrick!!
26	27	28	29	30	31	
YOU WILL BE REMOVED FROM THE HOME DELIVERED MEAL PROGRAM	CENTER IS CLOSED IN OBSERVANCE OF MEMORIAL DAY HOLIDAY	Taco Soup Chips Mandarin Oranges	Meatloaf Green Beans & Potatoes Whole Wheat Roll Pears	Chicken Livers Buttered Potatoes Lima Beans Whole Wheat Roll Jell-O Applesauce	Biscuits & Gravy Eggs Hashbrowns Banana	last day of each month – May 31 st 