

# April 2024 Menu Brookfield Senior Center 660-258-2577

\$3.00 Suggested contribution for meals for 60 years & over

\$6.75 Cost for meals 59 years & under

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	01	02	03	 04	05	06
Meals are delivered Monday thru Friday, from 10:30 – 12:00, except on holidays	Nachos Supreme Hominy Mandarin Oranges	Spaghetti & Meatballs Lettuce Salad Garlic Bread Fruit Jell-O	Chicken Strips Buttered Potatoes Cheesy Broccoli Whole Wheat Roll Apricots	Ham Scalloped Potatoes Mixed Veggies Whole Wheat Roll Pears	Pulled Pork on Bun Coleslaw Corn Baked Apples	Senior Commodity Boxes 9-11:30am 
07	08	 09	10	11	12	13
ATTENTION: Please store your meal in the refrigerator, if not eaten immediately	Biscuit & Gravy Eggs Hashbrowns Fresh Fruit	Chili Cheese Dog Tater Tots Jell-O Applesauce	Chicken Mashed Potatoes Green Beans Whole Wheat Roll Peaches	Mushroom Steak Baked Potato Lima Beans Whole Wheat Roll Pineapple	Chef Salad Crackers Strawberry Shortcake	Senior Commodity Boxes can also be picked up Apr 08– 12 <sup>th</sup> , from 1:00–3:00 pm <b>NEED TO CALL FIRST</b>
14	15	16	 17	18	19	20
Menus are subject to change without notice	Tater Tot Casserole Lettuce Salad Whole Wheat Roll Mixed Fruit	Turkey & Dressing Carrots Whole Wheat Roll Fruit Fluff	Ham & Beans Beets Coleslaw Cornbread Fruit Jell-O	Meatloaf Green Beans & Potatoes Whole Wheat Roll Pears	Fish on Bun Macaroni & Cheese Pea Salad Apricots	
21	22	23	24	25	26	27
	Taco Soup Chips Mandarin Oranges	Smothered Pork Cutlet Baked Potato Calif Blend Veggies Whole Wheat Roll Peaches	Chicken Livers Buttered Potatoes Brussel Sprouts Whole Wheat Roll Banana	Hot Beef Sandwich Mashed Potatoes Green Beans Cake	Meatball Sub Pasta Salad Italian Veggies Jell-O Applesauce	
28	29	30				
YOU WILL BE REMOVED FROM THE HOME DELIVERED MEAL PROGRAM	Rib Patty on Bun 3 Bean Salad Corn Mixed Fruit	Chicken & Noodles Mashed Potatoes Carrots Whole Wheat Roll Baked Apples	last day of each month – Apr 30 <sup>th</sup> 	Birthday Luncheon winner for the month of February is Mary Adams!!	Lunches provide 1/3 of the daily recommended dietary allowance for healthy adults 60+. Menus are planned with your health in mind	2% Low Fat Milk is provided with each daily meal