






February 2024 Menu Brookfield Senior Center 660-258-2577

\$3.00 Suggested contribution for meals for 60 years & over

\$6.75 Cost for meals 59 years & under

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				01	02	03
Meals are delivered Monday thru Friday, from 10:30 – 12:00, except on holidays	Lunches provide 1/3 of the daily recommended dietary allowance for healthy adults 60+. Menus are planned with your health in mind	2% Low Fat Milk is provided with each daily meal		Pork Roast Mashed Potatoes Mixed Vegetables Whole Wheat Roll Applesauce	Taco Salad Chips Hominy Banana	Senior Commodity Boxes 9-11:30am 
04	 05	06	07	08	09	10
ATTENTION: Please store your meal in the refrigerator, if not eaten immediately	Chili Cheese Dog on Bun Tater Tots Peaches	Chicken Fried Chicken Mashed Potatoes Spinach Whole Wheat Roll Pudding	Beef Stroganoff Peas & Carrots Whole Wheat Roll Baked Apples	Pork Roast Mashed Potatoes Carrots Whole Wheat Roll Pears	Fish on Bun Coleslaw Macaroni & Cheese Pineapple	Senior Commodity Boxes can also be picked up Feb 05– 09 th , from 1:00–3:00 pm NEED TO CALL FIRST
11	12	13	 14	15	16	17
Menus are subject to change without notice	Tater Tot Casserole Lettuce Salad Whole Wheat Roll Mandarin Oranges	Chicken Breast Wild Rice Lima Beans Whole Wheat Roll Fruit Fluff	Ham & Beans Beets Tomato Wedges Cornbread Bread Pudding	Hot Beef Sandwich Mashed Potatoes Green Beans Peaches	Hamburger on Bun Lettuce & Tomatoes Potato Wedges Pea Salad Cake	
18	19	 20	21	22	23	24
AS A REMINDER: IF YOU ARE NOT HOME 3 TIMES IN A 2 WEEK PERIOD AND HAVE NOT CONTACTED US TO LET US KNOW	CENTER IS CLOSED IN OBSERVANCE OF PRESIDENT'S DAY HOLIDAY	Ham & Scalloped Potatoes Broccoli Whole Wheat Roll Mixed Fruit	Chicken & Noodles Mashed Potatoes Carrots Whole Wheat Roll Jell-O Applesauce	Salisbury Steak Baked Potato Calif Blend Veggies Whole Wheat Roll Pears	Chicken Nuggets Macaroni & Cheese Spinach Whole Wheat Roll Apricots	
25	26	27	28	29		
YOU WILL BE REMOVED FROM THE HOME DELIVERED MEAL PROGRAM	Rib Patty on Bun 3 Bean Salad Corn Fruit Dessert	Meatloaf Green Beans & Potatoes Whole Wheat Roll Peaches	Chicken Livers Baked Potato Brussel Sprouts Whole Wheat Roll Pudding	Turkey & Dressing Peas & Carrots Whole Wheat Roll Applesauce	last day of each month – Feb 29 th 	Birthday Luncheon winner for the month of December is Helen Peterson!!